

Alternatief trainingsschema bij afgelastingen 2025-2026 (even weken)



C veld - kunstgras								
Maandag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00	Circuittraining JO8 & JO9			Circuittraining JO8 & JO9			MO15-1	1
19.15 - 20.15	Circuittraining JO10 & JO11 + JO12-2			JO14-1			2	JO13-1
20.15 - 21.30	JO17-1	1	JO17-1	1	JO16-1	4	JO16-1	4

C veld - kunstgras								
Dinsdag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00								
19.00 - 20.00	JO19-1	1	JO19-1	1	JO19-2	2	JO19-2	2
20.00 - 21.30	H1 / H2	8 / 3	H1 / H2	8 / 3	H1 / H2	8 / 3	DAMES	4

C veld - kunstgras								
Woensdag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00	JO10-1		JO10-2		JO10-3		JO10-4	
19.00 - 20.00	JO13-1	6	JO13-1	6	JO11-1		JO11-1	
20.00 - 21.30	DA 7x7	8 / 3	DA 7x7	8 / 3	JO15-1	1	JO15-1	1

C veld - kunstgras								
Donderdag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00								
19.00 - 20.00	JO19-1	6	JO19-2	5	MO15-1	1	JO17-1	2
20.00 - 21.30	H1 / H2 / H3	8 / 3 / 7	H1 / H2 / H3	8 / 3 / 7	H1 / H2 / H3	8 / 3 / 7	DAMES	4

C veld - kunstgras								
Vrijdag	C1	K	C2	K	C3	K	C4	K
19.00 - 21.30	Keeperstraining		Keeperstraining	1 / 2 / 3	Lagere senioren	1 / 2 / 3	Lagere senioren	1 / 2 / 3

Alternatief trainingsschema bij afgelastingen 2024-2025 (oneven weken)



C veld - kunstgras								
Maandag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00	Circuittraining JO8 & JO9			Circuittraining JO8 & JO9			MO15-1	
19.00 - 20.15	Circuittraining JO10 & JO11 + JO12-2			JO12-1			6	JO12-1
20.15 - 21.45	JO15-1	1	JO15-1	1	JO17-2	3	JO17-2	3

C veld - kunstgras								
Dinsdag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00								
19.00 - 20.00	JO19-1	1	JO19-1	1	JO19-2	2	JO19-2	2
20.00 - 21.30	H1 / H2 / H3	8 / 3 / 7	H1 / H2 / H3	8 / 3 / 7	H1 / H2 / H3	8 / 3 / 7	DAMES	4

C veld - kunstgras								
Woensdag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00	JO9-1		JO9-2		JO8-1, JO8-2 & JO8-3		JO8-1, JO8-2 & JO8-3	
19.00 - 20.00	JO12-1	4	JO12-2	5	JO11-2		JO11-3	
20.00 - 21.30	DA 7x7	8 / 3	DA 7x7	8 / 3	JO16-1	7	JO17-2	4

C veld - kunstgras								
Donderdag	C1	K	C2	K	C3	K	C4	K
18.00 - 19.00	MO15-1	1						
19.00 - 20.00	JO19-1	4	JO19-2	2	JO14-1	4	JO14-2	5
20.00 - 21.30	H1 / H2 / H3	8 / 3 / 7	H1 / H2 / H3	8 / 3 / 7	H1 / H2 / H3	8 / 3 / 7	DAMES	6

C veld - kunstgras								
Vrijdag	C1	K	C2	K	C3	K	C4	K
19.00 - 21.30	Keeperstraining		Keeperstraining		Lagere senioren	1 / 2 / 3	Lagere senioren	1 / 2 / 3